

# Facilitation for groups, teams, and workshops Overview

## **Overview:**

Facilitation is recognised as an effective intervention to increase performance and create different outcomes in group meetings and settings. This highly practical programme enables you to increase your understanding of the role of facilitation and develop skills you'll be able to take back to the workplace the moment you leave. The course provides you with the opportunity to practise facilitation and the skills you are learning

#### What does the course cover:

- Understand the role of facilitator
- Develop your skills in leading group discussion and develop tactics for dealing with common challenges
- Increase confidence for facilitating groups and meetings for a different outcome
- Tools to work with groups to generate and evaluate ideas quickly

#### How:

Presentation, group discussion, exercises, sharing of knowledge and experiences, group learning and mutual support in a safe environment

## **Outcomes:**

By the end of this session delegates will have gained a good understanding and practice in using some key tools and techniques that can be used to facilitate groups and meetings.

## Who should attend this session:

Whilst this session is open to all, the following individuals may find this session of particular interest:

- Complete beginners and those without previous training in facilitation
- Those responsible for working with groups and facilitation meetings
- Operational managers

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