

# Leading Change Overview

# **Overview:**

This session provides an introduction to the challenging area of leading change in a healthcare environment. The session will explore why change often fails and what leaders might do to optimise their chances of success. Based on John Kotter's 8 step model, the session will explore how to get people on board with change, how to develop a change strategy and how to embed the changes. The session will look at the human responses to change exploring individuals underlying values and why people don't always do as we might expect. This is a great session for leaders at all levels responsible for managing teams and leading and implementing change.

# **Covering:**

The key theories on change management and practical tools, techniques and tips to implement changes in healthcare.

## How:

Presentation, group discussion, exercises, sharing of knowledge and experiences, group learning and mutual support in a safe environment.

## **Outcomes:**

By the end of this session delegates will have gained a good understanding of the key tools and techniques that can be used to plan and implement changes. They will understand the relevance of these to their service and to their role and be ready to implement their learning in practice.

## Content:

- An overview of John Kotter's Eight step model including stakeholder mapping and engagement and aim statements.
- Exploration of why people resist change and strategies to support staff through changes
- Exploration of what motivates individuals and how to tap into underlying values.
- Practical ways to support teams and individuals on change projects



## Who should attend this session:

Whilst this session is open to all, the following individuals may find this session of particular interest:

- Team leaders and service managers
- Managers responsible for leading change programmes
- Operational managers
- · Clinical leads

Please be aware that titles of presentations / speakers may change nearer the time.

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