

Online Facilitation

29th April 2024



© NHS Elect



Introductions



Robin Davis

Director

Joe Blunden

Director



Possible guest appearances



Chester Squirrel Prevention Lulu Fridge Monitor

Bosco Postman Attack

About NHS Elect



- A national NHS organisation for 20 years
- Trusted by 90 members
- All staff at member organisations can access our services
- These include training, consultancy and coaching across different disciplines
- Over 120 free webinars
- · Plus free online courses, networks, and resources
- We also run a number of national improvement networks
- Check out our website to find out more: <u>www.nhselect.nhs.uk</u>



Up to 12 free webinars a month!

	Coming up	
30 th April	Team of Teams	10.00am
1 st May	Confident and Killing It	11.00am
2 nd May	Human Factors Advanced	11.00am
7 th May	Career Planning	2.30pm
8 th May	Compassionate Leadership	9.30am
9 th May	Project Management Advanced	10.00am



Elect

Book in the members' www.nhselect.nhs.ukunder 'Webinars'

```
Email <u>events@nhselectevents.org.uk</u>
with any queries
```













Slido – so a phone is handy

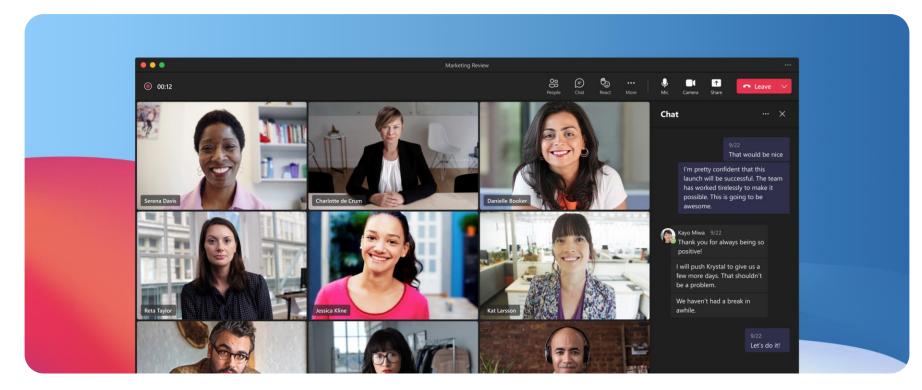
The session is being recorded

Please use the Chat box

We value your feedback

About MS Teams







On a scale of one to seven how are your energy levels today.

Start presenting to display the poll results on this slide.





How comfortable are you deliving workshops and events online?

Start presenting to display the poll results on this slide.



What is different online?

© NHS Elect





Start presenting to display the poll results on this slide.

© NHS Elect





Start presenting to display the poll results on this slide.

It is not exactly the same



But we can still:

- Impart knowledge
- Facilitate discussion
- Enable people to think differently
- Deliver an enjoyable experience





5 tips for online facilitation and delivery

© NHS Elect



1. Take time to design your sessions





Recall one of your best learning experiences in recent months. What made it so good?

Start presenting to display the poll results on this slide.

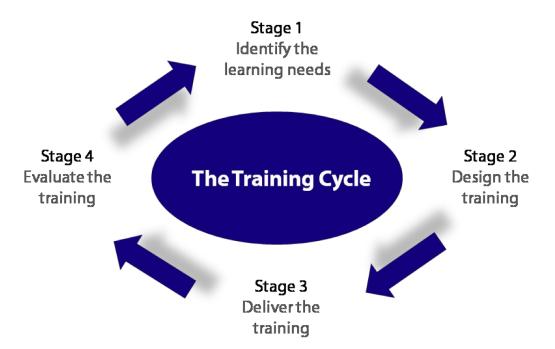


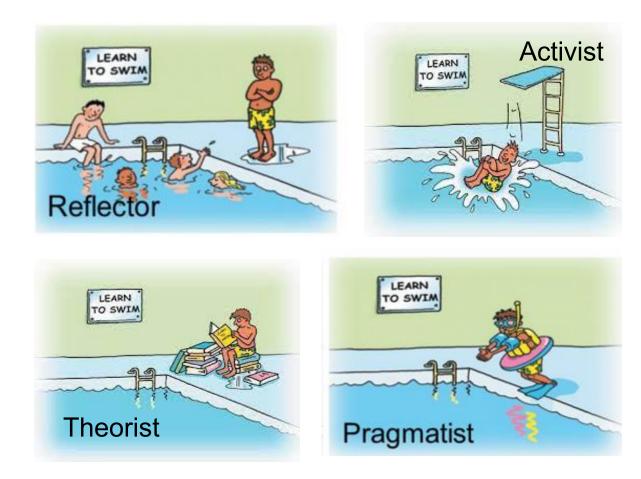
What does good design look like?



The training cycle









NHS

Elect

Credit: Honey and Mumford

Planning for different styles



- Offer reading ahead of the session for **Reflectors**
- Position expertise and underlying principles carefully for Theorists
- For the Pragmatists, make the link between what
- Do a hands-on practical exercise for your **Activists**
- Ensure feedback is built in for **Pragmatists** and **Reflectors** to add value to
- Debrief by drawing out the theory in practice for your **Theorists**
- Make sure there's enough assiRefilectoastion

Commonalities across models



- Experience
- A chance to make sense of things
- It'şiunsottabout great slides...



"Good teaching does not spring naturally from a particular modality. A good course on campus is not good because of the location... Likewise a because it is delivered via the internet. Good teaching in any learning environment requires careful attention to course design and facilitation."

Shannon Riggs



Three key questions



How long?
 How frequent?
 How big?







What is the ideal length of an online workshop?

Start presenting to display the poll results on this slide.

Length and frequency



- 60, 90, or 120 minutes?
- Plan for some flex time to discuss what arises during the session
- Daily, weekly, monthly?









Thinking about interactions

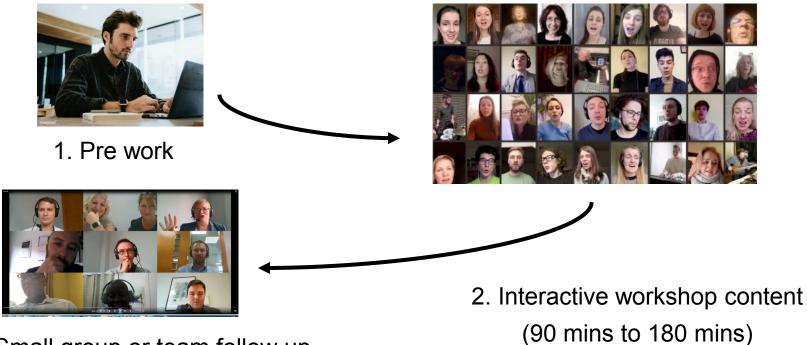
- Interaction, reflection and feedback levels are closely related to number of delegates.
- Smaller groups mean deeper interaction.





A common approach





3. Small group or team follow up

Just because it was always a half-day workshop mean it always

GNDYKING



2. Get off to the best possible start





What Icebreakers do you like to use or participate in?

Start presenting to display the poll results on this slide.

Ice breakers that we like



- Best thing that's happened to you
- Dream job
- Who would you have to dinner and why
- How would you rate your skills from 1-10
- What is the last picture on your phone
- Show us your mug

What ground rules are for



- Shared understanding
- Trust and confidence
- Accountability
- Boundaries

Example ground rules



- No such thing as a silly question
- Confidentiality
- Ask questions as we go
- Help me get you away on time
- Parking lot

Setting the tone





An empathetic facilitator



Part 1: Please watch this video



An empathetic facilitator



Part 2: Reflect for two minutes: what can you do to create a more empathetic environment?







What could you do to create a more empathetic environment?



3. Make the session as interactive as possible



Group work

Why group work matters





When the timer for breakout rooms on zoom goes off and you have to go back to listening to your professor lecture



- Key for engagement and discussion
- Make connections
- · Listen to other views
- Collaborate on work
- Feel heard





When being put into a breakout group have you ever....?

Common pitfalls



- •You can't see how groups are getting of
- Nominate someone to feedback
- The group won't be sat together when t room
- Your slides can't be seen once in chat
- Explain the task well and post instructions in the chat
- It doesn't always work (so have a back

Getting feedback





- Do you need to?
- Select 2 or 3 groups
 - Call out the group list who was in it
- Use the chat box or Slido
- Ask groups to agree who will feedback



Plenary discussions

Give plenty of warning



- •You can't make e
- It is hard to spot who might be getting ready to speak
- List out who you would like to speak

"So let's hear from Mark, then Lisa and then Andrew"

" I'm going to give minutes to think go around the r

Other things to consider



- Could you use the chat instead?
- Would breakout groups be better?
- Could you give them two minutes to reflect first?
- Is it important for everyone to speak?

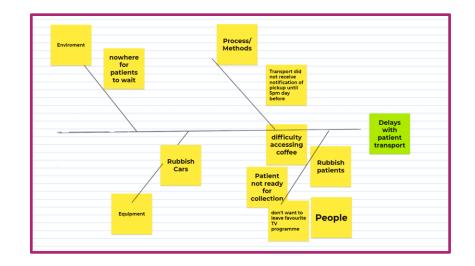


Post-it note exercises

Jamboard (ending in Oct 24)



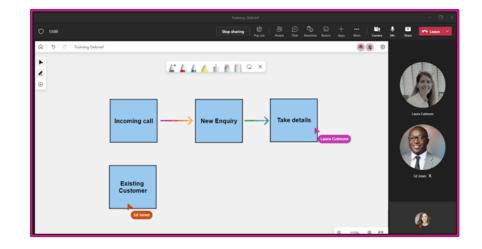
- Easy to use for up to 50 people
- Majority can access
- No sign up required
- Free
- Can easily PDF outputs



MS Whiteboard



- Trickier to use
- Not anonymous
- Built into the meeting
- Lots of useful templates
- Can easily share outputs



Trickier to use

- Paid for to host
- Lots of great templates
- Professional feel
- Can easily PDF outputs

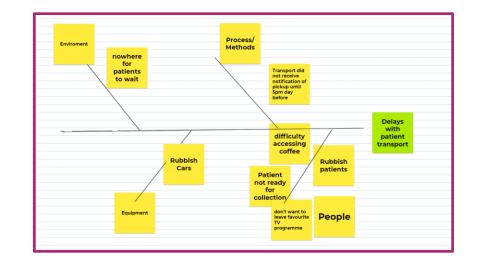






Managing post-it exercises

- You have less control
- Set ground rules
- Make sure your settings are right
- Be specific about the task
- Prep screen in advance





Polls and quizzes

Different polling tools

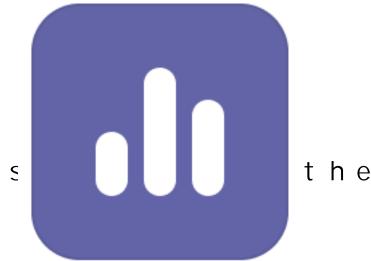


Polly Kahoot sli.do Mentimeter

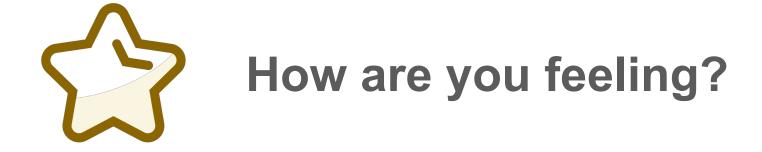
MS Polls: Things to remember



- Limited function available via the chat
- Recommend adding app to the meeting
- Need to remember anonymity settings
- Doesn't feel quite as
- But free and fairly intuitive to use







© NHS Elect



Managing polls

- Not everyone can
- Not everyone wants to
- Good explanation helps here too
- Fine line between too many and too few
- What is the alternative?



Ikea or cheese?















Is it Ikea or cheese? Mongstad



4. Make the most of your technology

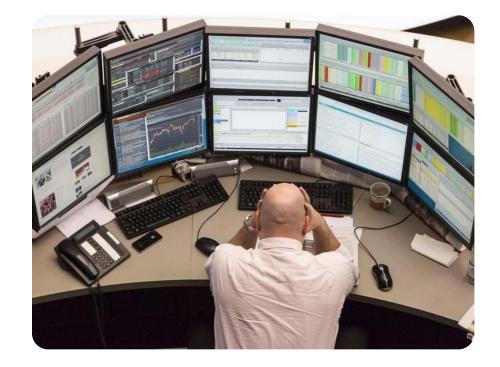


Preparing your kit

Screens



An extra screen or devise makes it a lot easier



Sound



Consider investing in a directional microphone if you can



Have a light source in front of you if at all possible

Lighting





Laptop height



Raise the camera on your computer so it's at eye I



Background and filters



Consider your background and filters properly

394th Judicial District Court

Recording of this hearing or live stream is prohibited.

Violation may constitute contempt of court and result in a fine of up to \$500 and a jail term of up to 180 days.

394th Judicial District Court





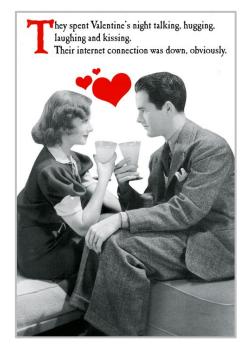


Internet connection



Maximise your speed

- Hard wire if needed
- Sit next to the router
- Turn off other devices and programmes
- Use SpeedTest.net or similar







What technical disasters have you encountered or witnessed?

Avoiding disasters

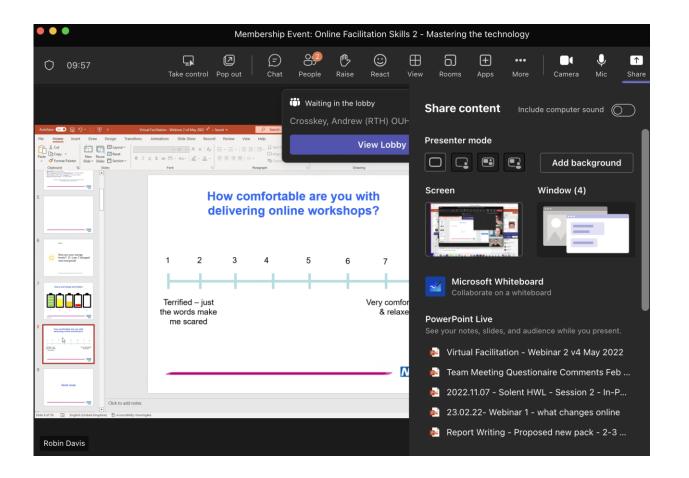


- Two presenters or stand-by presenter
- Contingency plan
- Share slides in advance
- Know how to reboot
- Back up internet
- Communicate to people
- Life goes on





A few tech bits we haven't covered yet



Screen sharing

NHS

Elect

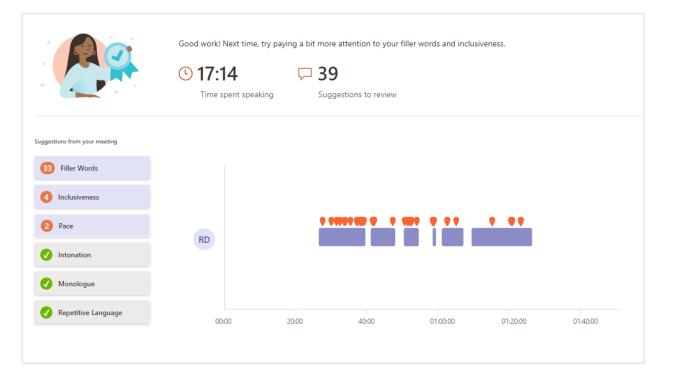


Au	oSave Orr	の 18 で、	· C …			🗈 Online Facilita	ition - Part 2 - 15th Fe	əb ~			Q	୍ ୫
Hon	e Insert	Draw Des	ign Transiti	ons Anir	ations Slide Show Review	View Recording	Acrobat 🖓 Tell	me			🖻 Share 🛛 🖓 Comm	nents
Ne	le	Pictures Sc	0+	Get Add-ins My Add-ins 🗸	Shapes Icons 3D SmartArt Models		Action Comment	Box Footer	VordArt Date & Slide Time Number		Video Browser	
	Phyling videos Setting up reekout non Deting up reekout non Poling Whiteboards Prepping your own ter			Ľ,	,12, ,11, ,10, ,9, ,8	7, 6, 5, 5,	4 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1,1,0,1,	1	· · · · · · · · · · · · · · · · · · ·	Video from File 12 C Stock Videos	
22	Screen sl	aring	Free	3.1.4.1.5.1.6.1							Elect	
23		A CARLON OF CONTRACTOR OF CONT	Screen sharing		Inser	ting	vid	eos	5			
24	Inserting	videos	fine for									
25		essions	17723	- e - e -								
	Bession 6: Doing trilli Bession 5: Doing trilli	pagamant		1.1	© NHS Elect							

Inserting videos

Speaker coach





MS Teams help



QQ	
What's new in Microsoft Teams	
Desktop and web KDS Android VDI Microsoft Teams devices	
March 2024	
Make your meeting official with branded Teams meetings	
Keep it professional with new branded Teams meetings, available to organizations with Teams Premium. Now, your org can influxe meeting invites, pre-join screens, and backgrounds with branded colors and imagey. Customizations are set by IT admin and applied automatically.	
Linking war kan menting Linking war kan menting	
Join personal and professional meetings from either Teams app	
Now you can join personal or professional meetings without witching Teams apps or being prompted to join from your browser. Keep up with any meeting from the Teams app you joined from. To learn more, see Join a meeting in Microsoft Teams.	
Share links to private and shared channels	
innite others to a channel discussion by sending them a direct link to the channel, point, or regity To share a channel, select Teams 🐻 - hover over the channel you want to share, and select. Mere options "" > Get link to channel GP. To share a channel discussion, hover over a port or regity and select More options " > gate Init GP.	
Try the new frosted glass background effect in Teams	

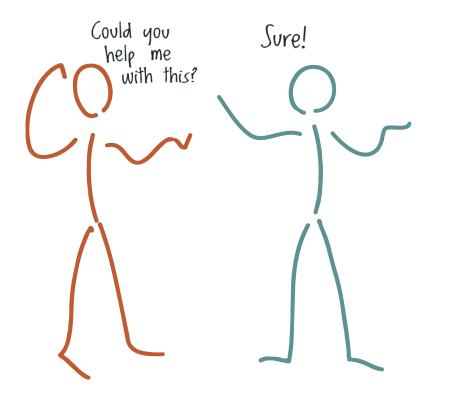


5. Facilitate as inclusively as possibly



Seven ways to make your sessions more inclusive





1. Ask people



2. Consider sensory needs

"Neurodivergetend to havedivi a broader sensory band that is fine-tuned to detect issues that load human senses negatively, such as harsh lightning, unpleasant smells, disturbing noises or crowding of perso

Charlotte Valeur

3. Provide slides in advance







4. Consider language and context



5. Consider activities







6. Consider slide design and use accessibility checker

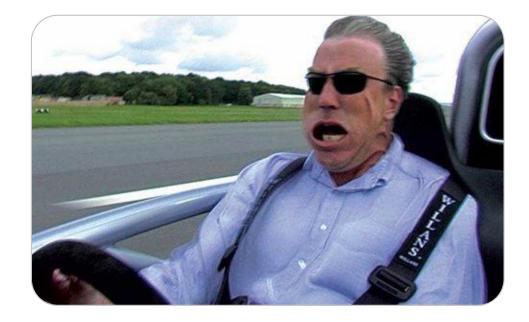
The Worst Power Point Slide Ever conceived of by man to present to people who can't be bothered to read it anyway because of the font size and the length because slides are meant to be paragraphs of text and run-on sentences.

- I need every bullet point to be underlined and possibly bolded and maybe in red.
- I need my bullet points not to be bullet points.
- <u>This</u> WOrd is important because it's in Impact Font
- <u>M.A.N.O.K.*</u>
- Make simply grammer and spelling errors solve not-so-silently judge you.

Obscure text/imagines with MORE TEXT/IMAGINES!



7. Slow down and check in

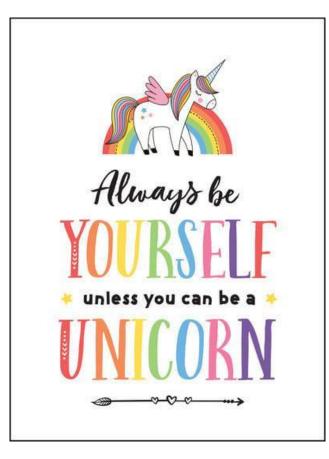




A few final tip

© NHS Elect





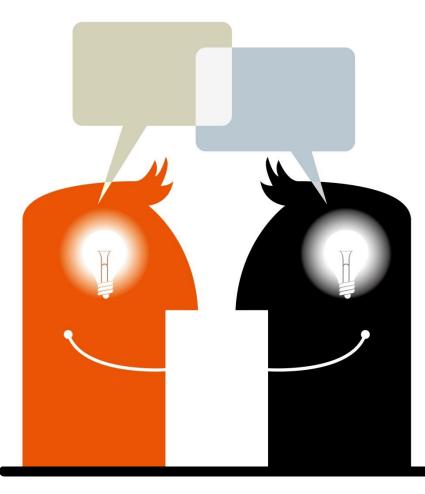




Start small







Engage frequently

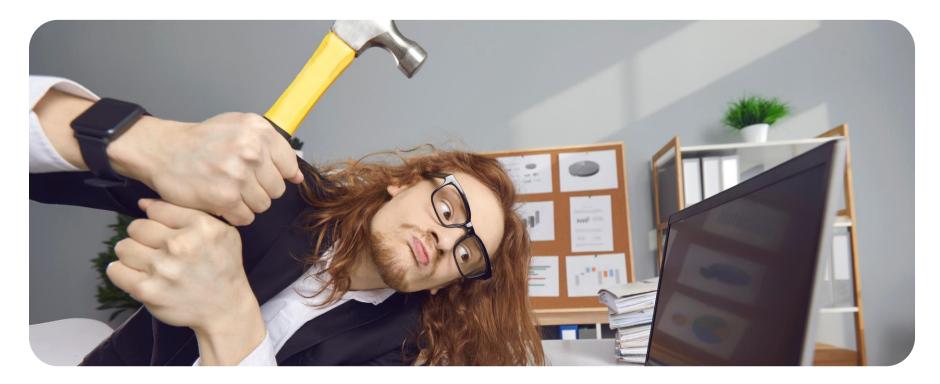




WHO'S AWESOME?

You're re forthis

Some things don't Electro



Ask for feedback













Thank you

Please complete the evaluation



© NHS Elect